

2026 Lenten Daily Devotional



SPECIALLY PREPARED FOR YOU BY
BASILICA *of the* NATIONAL SHRINE
of the IMMACULATE CONCEPTION
America's Catholic Church



February 18, 2026

ASH WEDNESDAY

Gospel Reading: Matthew 6:1–6, 16–18

*“But when you fast... your Father who
sees what is hidden will repay you.”*
(Mt 6:17–18)

**Action: Choose one sacrifice
to offer quietly to God alone.**



February 19, 2026

Thursday after Ash Wednesday

Gospel Reading: Luke 9:22–25

*“If any man will come after
Me, let him deny himself,
and take up his cross daily,
and follow Me.”* (Lk 9:23)

**Action: Offer a small inconvenience today
as an act of self-denial.**



February 20, 2026

Friday after Ash Wednesday

Gospel Reading: Matthew 9:14–15

“The days will come, when the bridegroom is taken away from them, and then they will fast.” (Mt 9:15)

Action: Fast from something meaningful and pray for someone suffering.



February 21, 2026

Saturday after Ash Wednesday

Gospel Reading: Luke 5:27-32

“I have not come to call the righteous to repentance but sinners.” (Lk 5:32)

Action: Identify one area in your life in need of Christ’s healing and bring it to prayer today.



February 22, 2026

First Sunday of Lent

Gospel Reading: Matthew 4:1–11

*“Then the devil left Him; and behold
angels came and ministered to Him.”*

(Mt 4:11)

**Action: Identify one temptation that
weakens you and ask Jesus for strength.**



February 23, 2026

Monday of the First Week of Lent

Gospel Reading: Matthew 25:31–46

*“As long as you did it to one of these
My least brethren, you did it to Me.”*

(Mt 25:40)

Action: Perform a hidden act of charity.



February 24, 2026

Tuesday of the First Week of Lent

Gospel Reading: Matthew 6:7–15

“This is how you are to pray: Our Father who art in heaven...” (Mt 6:9)

Action: Pray the Our Father slowly, meditating on each phrase.



February 25, 2026

Wednesday of the First Week of Lent

Gospel Reading: Luke 11:29–32

“This generation seeks a sign; but no sign will be given it except the sign of Jonas..” (Lk 11:29)

Action: Spend 5 minutes in silence asking Jesus to speak to your heart.



February 26, 2026

Thursday of the First Week of Lent

Gospel Reading: Matthew 7:7–12

*“Ask, and it will be given you: seek,
and you will find.” (Mt 7:7)*

Action: Ask God for one specific grace today.



February 27, 2026

Friday of the First Week of Lent

Gospel Reading: Matthew 5:20–26

*“Go first and be reconciled
with your brother.” (Mt 5:24)*

**Action: Seek reconciliation or pray for the
desire to reconcile.**



February 28, 2026

Saturday of the First Week of Lent

Gospel Reading: Matthew 5:43–48

*“Be you therefore perfect,
as also your heavenly
Father is perfect.” (Mt 5:48)*

**Action: Pray a Hail Mary for someone
you struggle to love.**



March 1, 2026

Second Sunday of Lent

Gospel Reading: Matthew 17:1–9

*“This is My beloved Son... listen
to Him.” (Mt 17:5)*

**Action: Thank God for a moment when His
presence was clear in your life.**



March 2, 2026

Monday of the Second Week of Lent

Gospel Reading: Luke 6:36–38

*“Be merciful just as your Father
is merciful.” (Lk 6:36)*

Action: Offer mercy to someone today.



March 3, 2026

Tuesday of the Second Week of Lent

Gospel Reading: Matthew 23:1–12

*“Whoever humbles himself will
be exalted.” (Mt 23:12)*

**Action: Do a humble task today without
seeking recognition.**



March 4, 2026
**Wednesday of the Second
Week of Lent**

Gospel Reading: Matthew 20:17–28

“The Son of man did not come to be served but to serve.” (Mt 20:28)

Action: Serve someone in a quiet, loving way.



March 5, 2026
Thursday of the Second Week of Lent

Gospel Reading: Luke 16:19–31

*“The beggar died and was carried by
the angels into Abraham’s bosom.”*
(Lk 16:22)

**Action: Give something today
to someone in need.**



March 6, 2026

Friday of the Second Week of Lent

Gospel Reading: Matthew 21:33–43, 45–46

*“The stone which the builders rejected
has become the cornerstone.”*

(Mt 21:42)

**Action: Pray the Stations of the Cross or
meditate on Jesus’ Passion.**



March 7, 2026

Saturday of the Second Week of Lent

Gospel Reading: Luke 15:1–3, 11–32

“This my son was dead... and is found.”

(Lk 15:24)

**Action: Pray for someone
who has left the faith.**



March 8, 2026

Third Sunday of Lent

Gospel Reading: John 4:5–42

*“Whoever drinks the water I shall give
will never thirst.” (Jn 4:14)*

**Action: Ask Jesus what
“empty wells” you turn to.**



March 9, 2026

Monday of the Third Week of Lent

Gospel Reading: Luke 4:24–30

*“No prophet is accepted in his own country.”
(Lk 4:24)*

**Action: Ask God for the
grace to accept His will.**

March 10, 2026

**SOLEMNITY OF THE
ANNUNCIATION OF THE LORD**



Gospel Reading: Matthew 18:21–35

“Jesus answered ‘Not seven times but seventy seven times.’ (Mt 18:22)

Action: Reflect on how generously we have been forgiven and extend that same compassion to others, even when it might feel costly.

March 11, 2026

Wednesday of the Third Week of Lent



Gospel Reading: Matthew 5:17–19

“I have come not to abolish but to fulfill.”
(Mt 5:17)

Action: Examine your life in light of God’s commandments.



March 12, 2026

Thursday of the Third Week of Lent

Gospel Reading: Luke 11:14–23

“He that is not with Me, is against Me.”
(Lk 11:23)

Action: Ask God to remove influences that draw you from Him.



March 13, 2026

Friday of the Third Week of Lent

Gospel Reading: Mark 12:28–34

“You shall love the Lord your God with all your heart...and with all your strength.” (Mk 12:30)

Action: Perform one act today motivated purely by love.



March 14, 2026
Saturday of the Third Week of Lent

Gospel Reading: Luke 18:9–14

“God, be merciful to me a sinner.”
(Lk 18:13)

Action: Pray this verse slowly three times.

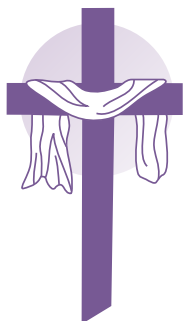


March 15, 2026
Fourth Sunday of Lent

Gospel Reading: John 9:1–41

“He went his way, seeing.” (Jn 9:7)

**Action: Ask Jesus to heal any
blindness in your heart.**

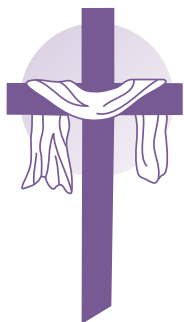


March 16, 2026
Monday of the Fourth Week of Lent

Gospel Reading: John 4:43–54

“Your son will live.” (Jn 4:50)

Action: Pray for someone in need of healing.



March 17, 2026
Tuesday of the Fourth Week of Lent

Gospel Reading: John 5:1–16

“Do you want to be well?” (Jn 5:6)

Action: Bring a deep burden to Christ.



March 18, 2026

Wednesday of the Fourth Week of Lent

Gospel Reading: John 5:17–30

“A son cannot do anything on his own,
but only what he sees his father doing.”
(Jn 5:19)

**Action: Spend 10 minutes in
silence seeking God’s will.**



March 19, 2026

**SOLEMNITY OF SAINT JOSEPH,
SPOUSE OF THE BLESSED
VIRGIN MARY**

Gospel Reading: Matthew 1:16, 18–21, 24

*“Do not be afraid to take Mary your
wife into your home.” (Mt 1:20)*

**Action: Ask St. Joseph to watch
over your family.**



March 20, 2026

Friday of the Fourth Week of Lent

Gospel Reading: John 7:1–2, 10, 25–30

“My time is not yet come.” (Jn 7:6)

Action: Pray for patience in an unsettled situation.



March 21, 2026

Saturday of the Fourth Week of Lent

Gospel Reading: John 7:40–53

“Never before has anyone spoken like this one.” (Jn 7:46)

Action: Read a Gospel passage as if hearing Jesus’ voice for the first time.



March 22, 2026
Fifth Sunday of Lent

Gospel Reading: John 11:1–45

“Lazarus, come forth!” (Jn 11:43)

Action: Ask Jesus to free you from what binds your heart.



March 23, 2026
Monday of the Fifth Week of Lent

Gospel Reading: John 8:1–11

“Neither do I condemn you. Go,
and from now on do not sin anymore.”
(Jn 8:11)

Action: Extend mercy to someone today.



March 24, 2026
Tuesday of the Fifth Week of Lent

Gospel Reading: John 8:21–30

“The one who sent me is with me.”
(Jn 8:29)

**Action: Pray for deeper
trust in God’s presence.**

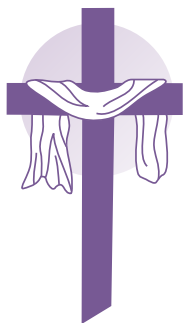


March 25, 2026
Wednesday of the Fifth Week of Lent

Gospel Reading: Luke 1:26–38

“Be it done to me according to thy word.”
(Lk 1:38)

Action: Say “yes” to God in a specific way.



March 26, 2026

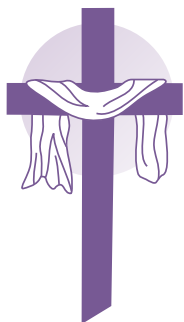
Thursday of the Fifth Week of Lent

Gospel Reading: John 8:51–59

*“Amen, Amen I say to you, whoever
keeps my word will never see death.”*

(Jn 8:51)

**Action: Choose one of Jesus’ teachings that
you struggle with and ask Him to strengthen
your fidelity to His word.**



March 27, 2026

Friday of the Fifth Week of Lent

Gospel Reading: John 10:31–42

“The Father is in Me, and I in the Father.”

(Jn 10:38)

Action: Pray for persecuted Christians.



March 28, 2026

Saturday of the Fifth Week of Lent

Gospel Reading: John 11:45–56

“Many believed in Him.” (Jn 11:45)

Action: Prepare your heart for Holy Week.



March 29, 2026

**PALM SUNDAY OF THE
PASSION OF THE LORD**

Gospel Reading: Matthew 26:14—27:66

*“Father, if it is possible, let this cup
pass from me; yet not as I will, but as
You will.” (Mt 26:39)*

**Action: Meditate on the Passion in
thanksgiving for Christ’s sacrifice.**



March 30, 2026

Monday of Holy Week

Gospel Reading: John 12:1–11

“The house was filled with the odor of the ointment.” (Jn 12:3)

Action: Offer something beautiful to God today.



March 31, 2026

Tuesday of Holy Week

Gospel Reading: John 13:21–33, 36–38

*“I will lay down my life for Thee.”
(Jn 13:37)*

Action: Pray for fidelity in times of weakness.



April 1, 2026
SPY WEDNESDAY

Gospel Reading: Matthew 26:14–25

“Master, is it I?” (Mt 26:22)

Action: Ask Jesus to purify your heart from anything that betrays His love.



April 2, 2026
Holy Thursday
Evening Mass of the Lord’s Supper

Gospel Reading: John 13:1–15

“You also ought to wash one another’s feet.”
(Jn 13:14)

Action: Perform an act of humble service today.



April 3, 2026

Good Friday of the Passion of the Lord

Gospel Reading: John 18:1—19:42

“It is finished.” (Jn 19:30)

**Action: Spend 10 minutes in
silence before a crucifix.**



April 4, 2026

Holy Saturday at the Easter Vigil

Gospel Reading: (No daytime Mass)

*“Sitting over against the sepulchre, they
watched.”* (Mt 27:61)

**Action: Sit in silence with Mary, waiting in
hope for the Resurrection.**

April 5, 2026

**EASTER SUNDAY OF THE
RESURRECTION OF THE LORD**

Gospel Reading: Jn 20:1-9

*“Then the other disciple also went in, the one
who had arrived at the tomb first, and he saw
and believed. For they did not yet understand the
scripture that he had to rise from the dead.”
(Jn 20:8-9)*



***Alleluia!
Happy Easter!***

2026 CALENDAR

JANUARY S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	FEBRUARY S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	MARCH S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
APRIL S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	MAY S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	JUNE S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
JULY S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	AUGUST S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	SEPTEMBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
OCTOBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	NOVEMBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	DECEMBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

26LD_26ALD/CAL1

BASILICA *of the* NATIONAL SHRINE
of the IMMACULATE CONCEPTION

400 Michigan Ave. N.E. • Washington, D.C. 20017
202-281-0610 • www.nationalshrine.org/lent26